

Neophyte: _____

Class 3 7-Week Astrology / Cosmology

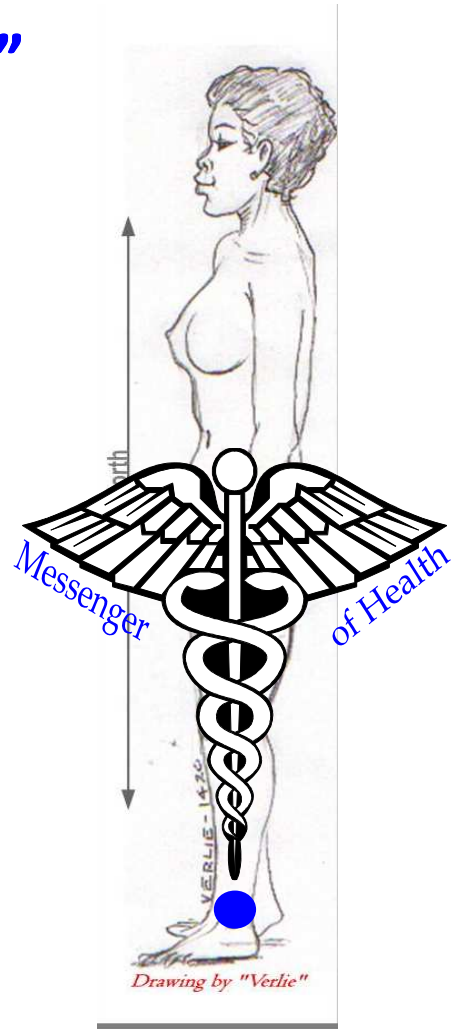
“THE PHYSICAL ZODIAC”

The Living Temple

w/ Anaid El

The “Grand Architect” (your Mother) built you in the darkness, in the silence, with no hands, and no tools. Your body, the Temple of the Soul of Man (Solomon’s Temple), has an infinity to the natural food stuffs, herbs and energies surrounding you while you were being made, and born.. Closer attention is given to the body parts associated with your Sun, Moon and Rising. .

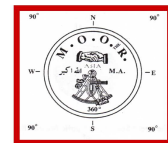
These are the areas you will need the most discipline —they are your strongest and your weakest inherently.



Third Class
9th Day of
December 2009



Classes every Wednesday
Doors Open 6 p.m. until 10 p.m.
National “Black” Theatre
125th and 5th Harlem, New York



Moors Order of The Roundtable

The Moorish Divine and National Movement Of The World

One premise we all need to know and re-member, is that everything happens based on what we eat and breath. We may not always be able to control what we breath, however, if we discipline ourselves regarding what we eat, it will take care of what we may not be able to control in regards to what we breath.

Co-Existence with Bacteria, Germs and Parasites

We are supposed to be able to co-exist with Bacteria, Germs, and Parasites. They in fact serve a purpose contrary to what is told and promoted.

If we are eating foods that help to create a healthy body environment, which regenerates and repairs properly, bacteria, germs, parasites, infections, and illness cannot and will not effect us. If you have a healthy body you can be in the center of an epidemic and you will not be effected in any way whatsoever!!!!

If, however, you are not eating foods that are conducive to a healthy body which includes healthy bone, muscle, and tissue; bacteria, germs, and parasites will appear to eat the unhealthy bone, muscle, and tissue. This is their function.

Hydrochloric Acid.

The human body creates Hydrochloric Acid. Hydrochloric Acid is created during the process of food consumption. It's purpose is to kill any and all unnecessary bacteria, germs, and parasite that attempt to invade the body via the foods that we consume hence the destruction of any harmful bacteria such as e. coli, salmonella, and worms.

Hydrochloric Acid in humans is very low because most of us eat the wrong foods. Our food source is supposed to be fruits and vegetables. Our 'normal' level of hydrochloric acid is not designed to destroy parasites that may be found in meat, including chicken and fish.

Because we consume incorrect types of foods, usually in large amounts, many of use have little to no hydrochloric acid, which leaves us open to all sorts of bodily invasions. Not to mention our immune system struggles to support us, and receives no help from the foods we choose to consume.

Cayenne Pepper

To assist with hydrochloric acid production add cayenne pepper to your food consumption. Cayenne pepper will help the body adjust , and improve its hydrochloric level.

There are many herbs that assist in maintaining and improving our general health and endurance of our body. However, if we implement a program of change, and then continue to consume incorrect food, at some point those incor-

rect foods will out weigh the good of the natural herbs, and food stuffs, thereby over time the effectiveness will decrease until there is no effect at all.

Fish and Chicken Are Flesh

Many people say they don't eat flesh, but they do Fish and Chicken, which is flesh. Others who no longer eat any flesh, usually change to a vegetable protein substitute, yet they continue to consume grains, cereals, cooked foods and dairy products.

Dairy Products = Mucus

You may want to reconsider all dairy products. Dairy products consist of extreme amounts of mucus. The milk of the cow contains large amounts of mucus for their calf. This is not designed for the human race, and consequently contributes to the breakdown of the immune system and ultimately the body. You may want to also reconsider and/or start a program to move away from protein substitutes, grains (unless sprouted), cereals, and cooked foods.

For quite some time now, there have been intentional conspiratorial attacks on the immune system. Many things, in addition to food, break down the immune system such as antibiotics, most all medications (drugs), and so-called immunizations. However, food is the number one source that we participate in with great enjoyment, disregard, and little thought. We have become so programmed that we no longer hear the voice inside us that tells us – you shouldn't eat that. We miss and/or ignore the signs such as allergic reactions that tell us – you shouldn't eat that.

The Universe is forcing us to make a change, NOW!!!! Many of the epidemics come into existence because we are programmed to act on extremes, after much pain and suffering is present. Most come to an herbalist after the practitioners (practicing doctors) have experimented on them. It is a very bitter pill, however we must move back to knowledge of who and what we are, and what our body needs to function as we are a replica of the universe, naturally governed by Divine and Natural Law. Our body is our first Temple, within it our soul domiciles, and our spirit animates. We must acknowledge and correct NOW!!!

Consider everything, and make changes accordingly while you still have the time to do so. A new paradigm is upon us, the climate and the vibration of the planet is changing. If are bodies are not healthy and in tune with the vibrations, we will not withstand the shift.

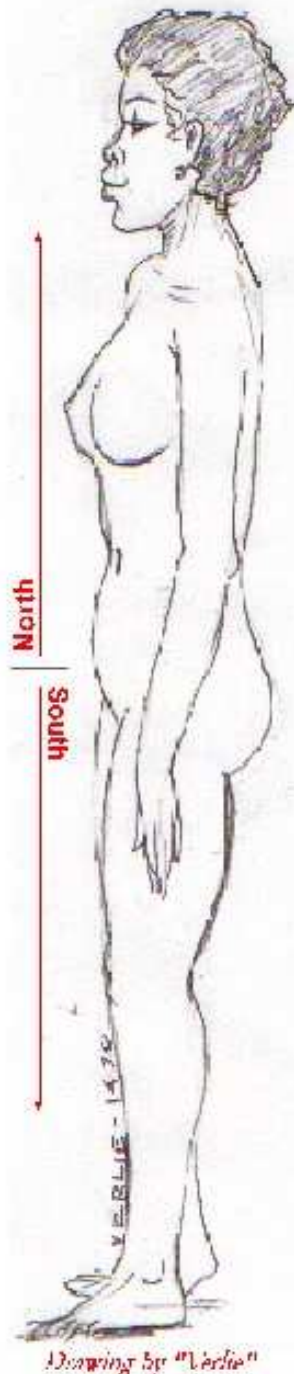
“Discipline yourself, or you will be disciplined.”

THE PHYSICAL ZODIAC - THE LIVING TEMPLE

Look for your Sun sign and its body part. You will find the associated body part in your polar reflection sign. (*printed underneath*). Ailments reflect "Cause & Effect".

Inherent Strength / Weakness

You were typically in your Mothers womb for 9 months out of 12 months. You are inherently missing the energies of the other 3 months, unless you received them from your parents and/or siblings (true family planning). To satisfy this inherent lack your body craves the cell salts, and the energy, belonging to the 3 signs after your sign.



ARIES—Head Kali Muraticum (Potassium Chloride)
(Libra—Kidneys)

TAURUS—Throat Natrum Sulphuricum (Sodium Sulfate)
(Scorpio—Genitals)

GEMINI—Arms, Shoulders Kali Muraticum (Potassium Chloride)
(Sagittarius—Thighs)

CANCER—Chest Calcium Fluoride
(Capricorn—Knees)

LEO—Heart Calcium Fluoride
(Aquarius—Ankles)

VIRGO—Stomach Kali Sulphuricum (Potassium Sulphate)
(Pisces—Feet)

LIBRA—Kidneys Natrum Phosphoricum (Sodium Phosphate)
(Aries—Head)

SCORPIO—Genitals/Anus Calcium Sulphate
(Taurus—Throat)

SAGITTARIUS—Thighs/Hips Silica
(Gemini—Arms, Shoulders)

CAPRICORN—Knees Calcium Phosphate
(Cancer—Chest)

AQUARIUS—Ankles Natrum Muraticum (Sodium Chloride)
(Leo—Heart)

PISCES—Feet Ferrum Phosphoricum
(Virgo—Stomach)

Along with proper consumption of food stuffs, Cell Salts are mineral constituents of the physical body, and can be taken for maintenance, or when having ailments of specific body parts. Utilize the "Art of Reflection" or "Cause and Effect" (180° polar reflections), to diagnose. Wherever feeling discomfort, is the symptom. The cause is in opposite body part.

There are 5 Cell Salts, which have a distinct relation to each Sign:

Take 3 Cell Salts after your sign (**Daily**)

Take your Reflection (opposite) Cell Salt when Moon is in your Sign (**2x a month**)

Take your own Cell Salt during entire time Sun is in your sign (**30 days / degrees**)